



LIFEGUARD TRYOUTS

Long Beach Fire Department






Saturday, March 7, 2020 at 8:00AM




— \$21.82 —

***Starting Hourly Pay**

**Must be 17 years or
older as of
July 1, 2020**

-  **1000-Yard Ocean Swim**
-  **Run-Swim-Run**
-  **Oral Interview**
(March 9th - March 18th)

MUST BRING

-  **Swimsuit**
-  **Towel**
-  **Picture ID (CA ID or CA DL)**



**Pursuant to completion of Lifeguard Training Academy.*

2020 Lifeguard Tryouts

Qualifications:

- No prior training or experience is required
- 17 years of age as of July 1st, 2020 – Proof of age required at time of conditional employment offer (valid Driver's License or CA Identification Card or Birth Certificate with school photo ID card).
- Any applicant under 18 years of age must possess a valid work permit from his or her high school, high school diploma, or G.E.D. prior to the start of the training program.

Exam Schedule:

8:00 a.m. Briefing and Sign-up (Driver's License or CA ID Card required at Sign-Ups)

9:00 a.m. Ocean Swim, 1000-yards

9:45 a.m. Run-Swim-Run

12:00 p.m. Announce candidate list for pre-employment scored oral interview

Selection Process:

Formal Interviews will be taking place between March 9 and 18, 2020 at Long Beach Lifeguard Beach Operations (2100 E Ocean Blvd.). Emails will be sent out to confirm interview times. All candidates moving forward are required to have an active email and working phone number.

Placement in the 1000-yard ocean swim and run-swim-run will determine who moves forward to the pre-employment scored oral interviews. All candidates will enter the pre-employment scored oral interviews at an equal level. The pre-employment oral interview scores will determine who qualifies for the Training Program. The candidates will enter into the Training Program after successful completion of all pre-employment forms, live scan and medical exam.

The 8-day, 80-hour Training Program is tentatively scheduled for the following dates: Sunday, May 10, Sunday, May 17, May 23-24, May 30-31, and June 6-7. Training days will begin at 8:00 a.m. and include training in lifeguard tactics, lifeguard operations, first aid, D.O.T. first responder, cardiopulmonary resuscitation, rescue buoys, rescue boards, and timed events. Training will include comprehensive written and practical testing.

Ocean Lifeguard Duties:

- Watch a designated section of the beach and water from an assigned station
- Answer calls for help and perform rescue and resuscitation work
- Warn bathers of beach and water hazards
- Administer first aid, cardiopulmonary resuscitation
- Use and maintain rescue equipment
- Take charge of lost children
- Answer questions of beach visitors
- Advise regarding local beach and waterway related ordinances
- Serve as a crewmember or ride-along in lifeguard vehicles
- Assist in salvage operations of small boats and their property
- Complete and maintain activity records
- Perform other related duties as required

There will be an optional Tryout Orientation on Saturday, February 29, 2020 at 8:00 a.m. at Long Beach Lifeguard Beach Operations (2100 E Ocean Blvd.)

Visit our website at www.LongBeach.gov – Fire Department – LBFD Employment – Ocean Lifeguard for more information. For any questions email lifeguardrecruitment@longbeach.gov.

